

HOUSEHOLD SAFETY CHECKLIST

Emergency Planning	
<input type="checkbox"/>	Emergency number/ 9-1-1 posted or on speed-dial
<input type="checkbox"/>	Other emergency numbers posted in clear view
<input type="checkbox"/>	Escape plan or emergency ladder for the upper floors of your home
<input type="checkbox"/>	Household fire/emergency escape plan is posted
<input type="checkbox"/>	Alternate routes are planned, and all persons know the routes
General Household	
<input type="checkbox"/>	Thermostat on the water heater set below 120 degrees Fahrenheit
<input type="checkbox"/>	Flashlights are available and ready to use
<input type="checkbox"/>	Home is free of pests and animal waste
<input type="checkbox"/>	Animals are controlled
<input type="checkbox"/>	Medications, chemicals, and cleansers are labeled and stored correctly
<input type="checkbox"/>	Materials are safely stored at proper height
<input type="checkbox"/>	Furniture arranged to allow for free movement in household traffic areas
<input type="checkbox"/>	Adequate space to use special equipment
<input type="checkbox"/>	Sharp objects are padded (bed frames, countertop corners, etc.)
<input type="checkbox"/>	Guns, ammunition and hazardous equipment kept in separate places under lock and key
Tripping & Falling	
<input type="checkbox"/>	Enough lighting to see steps, curbs, etc.
<input type="checkbox"/>	Light can be turned on without walking into a dark room
<input type="checkbox"/>	Liquids such as water, ice, snow, grease are cleaned up immediately
<input type="checkbox"/>	Outside walkways are cleared of trash, boxes, etc.
<input type="checkbox"/>	Sidewalks and outdoor stairways clear of concrete cracks and missing pieces
<input type="checkbox"/>	Stairs, halls, rooms, exits and pathways are free from clutter
<input type="checkbox"/>	Stairs have sturdy handrails
<input type="checkbox"/>	Rug edges are not frayed and are tacked down
<input type="checkbox"/>	Throw rugs are removed or non-skid mats are in place
<input type="checkbox"/>	Sharp objects are padded (bed frames, countertops, etc.)

<input type="checkbox"/>	Stairs, halls, exits, and pathways are free from clutter
<input type="checkbox"/>	Railings or banisters are securely placed along each stairway or other necessary locations
<input type="checkbox"/>	Electrical cords are not a tripping hazard
<input type="checkbox"/>	Sleeping pets are out of pathways
<input type="checkbox"/>	Bright contrasting color tape is on top and bottom steps of stairs
Fire and Electrical Safety	
<input type="checkbox"/>	Smoke alarms and fire extinguishers installed on every floor and in the kitchen
<input type="checkbox"/>	Smoke alarms are in working order, batteries are checked
<input type="checkbox"/>	Fire extinguishers are in good working order, available, and serviced after each use
<input type="checkbox"/>	All working fireplaces have a screen
<input type="checkbox"/>	No exposed electrical wires
<input type="checkbox"/>	Electrical outlets and extension cord are not overloaded
<input type="checkbox"/>	Cords and electrical cords are not frayed
<input type="checkbox"/>	Cords or extension cords do not run across traffic path areas or wheelchair routing paths
<input type="checkbox"/>	Turn off appliances when they are not in use
Medical Equipment and Safety	
<input type="checkbox"/>	Well-stocked First Aid kit available
<input type="checkbox"/>	Protective equipment (gloves, masks, clothing, etc.)
<input type="checkbox"/>	Oxygen hoses are out of walkway
<input type="checkbox"/>	Medical equipment stored properly
<input type="checkbox"/>	No smoking or open flames when oxygen is used
<input type="checkbox"/>	Used needles are placed in "sharps" container or closed durable container
<input type="checkbox"/>	Medicines are clearly labeled and include directions
Bedroom	
<input type="checkbox"/>	Night light provides light for your path to the bathroom
<input type="checkbox"/>	Bed is at the proper height
Bathroom	
<input type="checkbox"/>	Bath water temperature is checked by hand before bathing
<input type="checkbox"/>	Non-slip rubber mat in tub or shower
<input type="checkbox"/>	Handgrips installed at bathtub, shower, and toilet